



# How To Be A Champion

ACP INDONESIA



Organised by:

# Key To be A Success in Competition

- Clear Goals
- Aim High
- Create Plan
- Cultivate Your Motivation
- Train Hard For Long Time
- Go Beyond Your Comfort Zone
- Go Miles Further
- Have Competitors to Motivate You
- Put your Skills to the Test

# Do and Don't

## DO

- Open your Rule Book
- Print and Read Carefully
- Plan Your menu
- Train Yourself
- **FOCUS...!!!**

## DON'T

- Don't prepare to much
- Don't Over Do
- Don't Panic

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# Bring Simple Pack





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